

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER**



**UPPER ELEMENTARY
HEAD COOK: DONNA
THURMAN
918-786-3003 X 1309**

Monday		Tuesday		Wednesday		Thursday		Friday	
1	PANCAKE ON A STICK WG SYRUP FRUIT CANNED LITE JUICE ASSORTED MILK VARIETY	2	BREAKFAST PIZZA JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	3	EGGS SCRAMBLED BACON WHEAT TOAST JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	4	MUFFIN BLUE BERRY CEREAL VARIETY JUICE ASSORTED MILK VARIETY FRUIT CANNED LITE	5	BISCUIT WHOLE GRAIN RICH SAUSAGE GRAVY JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY
6	BREAKFAST PIZZA JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	9	BISCUIT WHOLE GRAIN RICH SAUSAGE GRAVY JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	10	EGGS SCRAMBLED BACON WHEAT TOAST JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	11	COOK'S CHOICE JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY	12	COOK'S CHOICE JUICE ASSORTED FRUIT CANNED LITE MILK VARIETY
16	CEREAL FRUIT MILK JUICE AND WHEAT TOAST OFFERED DAILY	17		18		19			
22		23		24		25		26	
29		30		31					